What’s this going to cost me?
Lung cancer CT screening exams for eligible individuals are covered by insurance programs including Medicare / Medicaid, although insurance programs vary in the deductibles and co-pays. Contact your insurance plan for coverage details. If you are uninsured the cost can range from $300-$500”

What’s next? Visit your doctor to talk about getting a low-dose CT scan to screen for lung cancer. You will discuss your complete health history and get a clear explanation about the possible benefits and risks. Ask your doctor for a referral to a screening center experienced in reviewing low-dose CT scan and lung cancer early detection. Use the cut-off below to help you discuss this with your doctor.

For more information visit
nysmokefree.com

or call
1-866-NY-QUITS
(1-866-697-8487)

Looking to talk to other smokers trying to quit?
Or talk to a Quit Coach online?
Join the smoke-free community
qunity.nysmokefree.com

Social support can increase your chance of quitting successfully by 50%.
So get social!
WHY SPIRAL CT SCAN?
Screening for lung cancer is here and it can save your life! The evidence is in; a low-dose CT scan is the only proven way to detect signs of lung cancer before there are any symptoms in people at high risk. Lung cancer is most treatable when it is found in the earliest stages.

WHAT IS GETTING THE LOW-DOSE CT SCAN LIKE?
The scan is a low dose of radiation, similar to what you might be exposed to from a chest x-ray.

WHAT YOU NEED TO KNOW: Like all screening tests, there are pros and cons to consider. Talk with your doctor.

ADVICE FROM A SURVIVOR
If I hadn’t been screened for lung cancer, I probably wouldn’t be here today.
Charlene, Lung Cancer Survivor

Should I get the low-dose CT scan lung cancer screening? Low-dose CT scan for lung cancer is recommended if you answer yes to the following 3 statements used to identify those at high risk.

- I am 55 to 75 years old
- I am a current or former smoker who quit within 15 years
- Do you smoke or did you quit less than 15 years ago?

Do you meet some, but not all the examples above? Talk to your doctor.

Your doctor will answer any questions you may have concerning the low-dose CT scan, and whether it’s right for you.

Why all the excitement?
because lives can be saved, especially since lung cancer kills more people each year than all major cancers combined...

and now we know that low-dose CT scan is a proven way to detect lung cancer early when it is most treatable and curable...

this means many lives each year will be saved by early detection using low-dose CT lung cancer screening...one can be yours!

PRO
Lung cancer screening can reduce the risk of dying from lung cancer by catching and treating it early.

CON
There is a chance of a "false alarm." This means the results look like a dangerous cancer but is not and this leads to more tests.

Old News Worth Repeating... Smoking is the number one risk factor for lung cancer and is linked to 90% of lung cancers. Quitting smoking remains the single best way to reduce your risk of lung cancer.