

THINKING ABOUT
QUITTING?

TALK HEALTH CARE
WITH YOUR **PROVIDER**

For additional support:

1-866-697-8487 | *nysmokefree.com*



TALKING WITH YOUR HEALTH CARE PROVIDER:



Increase your success in quitting smoking! Try saying –

- 1** I'm thinking about quitting smoking, can you help me?
- 2** What quit-smoking medications would you suggest?
- 3** Could you prescribe me medications covered by my health plan?



Developed by Roswell Park Cessation Services for the New York State Smokers' Quitline.